



# DO YOU WANT TO LIVE.SLEEP.BREATHE BETTER?

**Salt Therapy may be the answer for YOU!**

Salt therapy is a natural therapy that is designed to relieve **CONGESTION**, **INFLAMMATION** and **ALLERGIES** of the airways and skin. Salt therapy cleanses the airways and skin, relieving the symptoms of the sufferer's condition and works in conjunction with any prescribed medication. By breathing in the dry salt & relieving the symptoms of a condition, medication can become more effective

Sessions go for **45 minutes**, all you have to do is sit back, relax and **JUST BREATHE** - it's that simple!

**SALTS  
OF THE  
EARTH**

☎ (03) 9500 0834

✉ [malvern@saltsoftheearth.com.au](mailto:malvern@saltsoftheearth.com.au)

🌐 [www.saltsoftheearth.com.au](http://www.saltsoftheearth.com.au)

🏠 277 Glenferrie Rd, Malvern, VIC 3144

🌿 **Breathe Better**